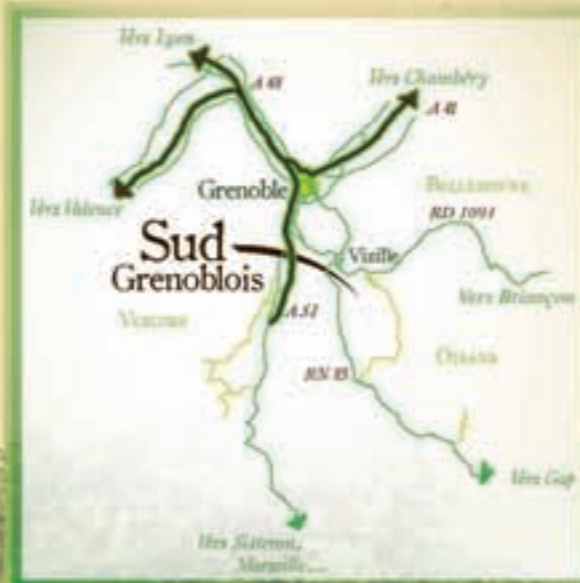




Enjoy your stay!



The Sud Grenoblois, between the Oisans and Belledonne massifs, is an area with a wealth of explorations. A preserved architectural heritage, a strong industrial history and fantastic sites live together in a nature setting, of which the fauna and flora have reserved some lovely surprises for you.



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See you soon in the Sud Grenoblois!



Welcome!



The area welcomes you through the variety of its landscapes and sites. The wide selection of leisure activities and the extent of its heritage will surprise you.

Relaxation is an art in Sud Grenoblois!



Office de Tourisme Sud Grenoblois

LAND AND WATER ACTIVITIES

Meet up in the Sud Grenoblois for times of conviviality, friendship and discovery through a vast number of activities. Travel the length and breadth of the Sud Grenoblois on foot, on horseback or on a bike. The many marked out footpaths will take you in search of picturesque or little known places.



Thrill seekers will appreciate launching into tree climbing, aerial sports or even water sports. Combine nature, relaxation and sporting activities around the Laffrey Lake, where all the aquatic pleasures are brought together to let you enjoy the water (swimming, fishing, pedal boating, sailing, etc.).



NATURE AND OPEN AIR, A NEW LEASE OF LIFE

Treat yourself to a beneficial break in the natural, quiet, untouched and protected haven: the Jarrie and Luitel Nature Reserves, the grounds of the Domaine de Vizille, and the marsh from La Pivodière to Laffrey are waiting for you.

Set off on a family walk in the exceptional forests and become impregnated with the colours and perfumes of the green and blue paradise.

The Sud Grenoblois is a reservoir of biodiversity, giving you rich fauna and flora in every season and verdant panoramas, surrounded by lakes and mountains.



HISTORY, TIME FOR A VISIT

Traces of yesteryear remain! Because of its traditional character, the Sud Grenoblois keeps a large part of its history in its museums, chateaux and religious heritage.

Walk in the traces of the emperor the length of the Route Napoléon.



CHATEAUX TOURS

Many listed chateaux and monuments witness a tormented past.



Relive the great times that caused intense events, particularly at the Domaine de Vizille, birthplace of the French Revolution.

